



# Brew Good, Do Good!

Host a Coffee Morning  
for North London Hospice



Help us to provide the best of life,  
at the end of life, for everyone

# Hello

Thanks a latte for playing host to a very special kind of get together. Your coffee morning isn't just a social gathering; **it's a chance to bring people together and support North London Hospice in delivering vital care to those who need it most.**

Whether you're a coffee connoisseur or a tea traditionalist, every sip and snack will help fund compassionate care for our patients and their families. So, invite everyone you know to join in and let's make your coffee morning something brew-tiful.

Sip, sip, hooray!!

**Cheers from the North London Hospice Team**

Your support will help us to provide compassionate care for those facing life-limiting illnesses



## How to Host Your Coffee Morning:

Hosting a coffee morning is as easy as pie (or cake)! Here's a step-by-step guide to ensure your coffee morning is a success.



### Step 1: Pick a date and spot

Set the scene! Whether it's your cozy kitchen, a sunny garden or even the local community hall, choose a time and place that suits you. Your coffee morning can be as intimate or grand as you like.

### Step 2: Send invites and spread the word

Get your guest list going and make it inviting - call, text or even make some hand-written invites! Share your event on social media to get the buzz going (puns encouraged).

### Step 3: Add some flair

Decorate with whatever brings you joy! String up bunting, set out colourful napkins, you could even sprinkle in a bit of North London Hospice branding if you'd like. We can provide you with lots of fundraising materials like bunting, balloons and posters.



## Step 4: Brew the hot drinks and bring the treats

It's time to indulge! Brew up some hot drinks and invite your friends to bring their favourite treats for a snack station that'll wow everyone. Why not add personal touches, like a signature bake or themed cakes?

## Step 5: Stir up some generosity

Encourage guests to donate generously! You could even set up an online donation page to receive donations online. Every penny you raise will help bring compassionate care to those who need it most. Don't hesitate to contact our fundraising team on 020 8446 2288 if you need any help with online or offline fundraising.

# Making the Most of Your Fundraiser:

Ready to make your coffee morning unforgettable? Here are some fun ways to boost your impact, espresso yourself (and maybe add a bit of friendly competition!):

- **Add a fun twist**

Invite guests to bring their signature bakes and let everyone vote on the tastiest treat! You could even award a prize to the star baker. Other ideas include guess how many sweets are in a jar, guess the weight of the cake or do a team quiz.

- **Set up a raffle**

Bring a few prizes (or see if local shops will donate) and sell tickets. It's an easy way to add excitement and raise extra funds.

- **Challenge your guests**

Get people to donate for each cuppa or slice of cake they have. The more they indulge, the more they give!

- **Snap and share**

Take some photos and tag us on social media! It's a great way to spread the word and encourage donations even after your coffee morning ends. Use #brewgood4NLH and tag us on our [Instagram @northlondonhospice](#), [Twitter/X @NLondonHospice](#) or [Facebook](#)



# Materials Provided by North London Hospice:

We've got everything you need to make your coffee morning fun and fabulous. Here's what's coming your way:

- **Posters and leaflets:**

Perfect for decorating and promoting the meaning behind your event.

- **Collection tins:**

Keep these handy for every generous penny and pound.

- **Branded balloons:**

Add a dash of North London Hospice pride to your setup.

- **Social media boost:**

Let us spread the word online about your event.

- **QR codes:**

We can whip up a QR code that links right to your fundraising page—just scan, sip and support!

With these goodies, you'll be all set to host a morning everyone will remember!



# How Your Support Helps:

We are the sole providers of free-of-charge specialist palliative and end-of-life care for adults in this catchment area. With only a third of our funding coming from the NHS, the remainder must be raised through the kindness and generosity of people like you, alongside gifts in wills. Every pound you raise goes straight to supporting people like Claire when they need it most.

After being diagnosed with terminal lung cancer in October 2022, Claire felt adrift and unsure where to turn. A nurse signposted her to North London Hospice.

**"The best way for me to describe the hospice is that it is my lifeline,"** Claire concedes.

**"I couldn't cope for a long time. The diagnosis was shocking but to be told there's nothing they can do was hard to hear. I don't believe I would manage without this place.**

**"I have been very unwell and even in the middle of the night, I know I can call, and someone will be there for me. But it isn't just medical care available. I can talk to everyone and share my thoughts when I don't want to worry family. I get very lonely, but here I am known, I am seen, and I feel safe."**

With your help, our teams can continue to care, connect and make a difference. Thank you from all of us at North London Hospice.

-  **It costs £16million a year to fund our care**
-  **We care for more than 3,500 people each year**
-  **Two cappuccinos (£7.50):** could fund a nutritious home-cooked meal for a patient on our Inpatient Unit.
-  **1.5 boxes of cupcakes (£24.50):** covers an hour of at-home care from a Community Nurse.
-  **A coffee morning raising £133:** funds four therapy sessions, like acupuncture, to bring comfort and relaxation.
-  **Afternoon tea for four (£175):** could buy cozy nightwear for ten patients in our Inpatient Unit.

## Thank you!

The fundraising team are here to help.

Email: [fundraising@northlondonhospice.co.uk](mailto:fundraising@northlondonhospice.co.uk)

Tel: 020 8446 2288

### North London Hospice

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