

# **Learning & Development**

## **Training Brochure 2026/2027**

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# Welcome

The Learning and Development Team at North London Hospice are excited to present our 2026/27 training prospectus.

As experts in supportive and palliative care, we are passionate about helping others to deliver quality care. We offer a range of courses, study days and workshops, open to both healthcare professionals and individuals, delivered by our multi-disciplinary specialist workforce to share knowledge and skills.

Training can be offered at one of our sites, virtually to join online or hosted at a location that works for you – we're committed to making high-quality education accessible and engaging.

If you would like to discuss your current or future learning needs, please contact the Learning and Development Team on **020 8343 6832** or email: **[education@northlondonhospice.co.uk](mailto:education@northlondonhospice.co.uk)**

# Specialist Study Days and Courses

North London Hospice is proud to offer a wide selection of study days and courses.

These encompass a variety of topics including Essential Skills at the End-of-Life, Communication Skills, Dementia Care and our ever-popular Summer School.

We are also delighted to welcome external learners onto our Achieving Clinical Excellence (ACE) training for the first time.

Please enquire for more information about bespoke training / group bookings.



# ACE: Achieving Clinical Excellence in Palliative Care -12 Day Training Course

This outstanding research-based training programme has been designed in accordance with current national legislation and guidance to help you achieve clinical excellence in palliative care.

Each training day has been carefully structured to cover all the essential subjects, ensuring you have the knowledge and skills to confidently provide quality palliative and end of life care.

## Sessions Include:

- Person Centred End of Life Care
- Symptom Management
- Spiritual Care
- Law, Ethics and Safeguarding
- Care After Death
- Communication Skills
- Medicine Management
- Verification of Expected Death
- Syringe Driver Management

|                 |   |
|-----------------|---|
| <b>Audience</b> | <b>Registered Nurses</b>  |
| <b>Dates</b>    | 04 March to 14 October 2026<br>Dates: 04 & 05 March, 28 & 29 April, 03 & 04 June, 01 & 02 July, 09 & 10 Sept, 07 & 14 Oct |
| <b>Venue</b>    | North London Hospice, N12 8TT   |
| <b>Time</b>     | 9am to 5pm  |
| <b>Fee</b>      | *Please enquire for individual/group fees   |

# European Certificate in Essential Palliative Care (ECEPC)

Developed at Princess Alice Hospice in 2001, over 15,000 European candidates have now completed this highly respected qualification.

The course is offered both nationally and internationally and North London Hospice are proud to work alongside Princess Alice as a local site.

ECEPC is a nine-week distance learning, multi-professional programme, suitable for doctors, nurses and associated healthcare professionals who have direct contact with patients requiring a palliative approach.

All candidates are provided with an extensive course handbook, access to a comprehensive virtual learning site and are assigned a facilitator to support them through the course.



## Topics covered include:

- What is palliative care and who is it for?
- Symptom issues in palliative care
- Patients with emergency conditions
- Breaking bad news to patients and families
- Bereavement and support
- Common ethical issues



|                        | Spring Cohort   | Autumn Cohort    |
|------------------------|---|------------------|
| <b>Launch Date</b>     | 13 April 2026   | 7 September 2026 |
| <b>Assessment Date</b> | 17 June 2026  | 11 November 2026 |
| <b>Venue</b>           | Virtual   |                  |
| <b>Time</b>            | Self directed learning.<br>Assessment day timings TBC |                  |
| <b>Fee</b>             | £600  |                  |

# Summer School Workshops

Celebrating its 10th anniversary our ever-popular summer school returns for another year.

For young adults, finding experiences and learning opportunities when exploring potential career paths can be difficult. North London Hospice are therefore pleased to deliver this interactive workshop run during school holidays which allows learners to experience the work environment of the hospice, meet members of the health care team and enhance their CV.

**Please note:** there will be no direct contact with patients during this experience due to the nature of this healthcare setting.

We work with two companies: **Premed Projects** and **Medic Mind** who will be happy to advise about suitable experiences.





# Training for Care Homes

The vast majority of training featured within this brochure is not only applicable, but essential for care home staff. Whether it's upskilling individual nurses to act as palliative care leads, a group training day in communication skills, or a series of bitesize training sessions in the stages of end-of-life care, there is something for everyone!

If your care home has specific requirements, we are happy to meet and discuss training options and programmes to suit your needs and budget. We have helped many care homes from large nursing home groups to small independent residential units develop their skills and empower their staff to provide exceptional care.

Contact us on [020 8343 6832](tel:02083436832) or email [education@northlondonhospice.co.uk](mailto:education@northlondonhospice.co.uk) for more information.



# Essentials in End-of-Life Care

- Master the core principles of compassionate and effective care management at the end of life.
- This comprehensive training provides healthcare professionals with the essential skills to support patients and families and navigate complex needs with confidence and sensitivity. Adapted from the six steps in end-of-life care, topics covered include recognising dying, coordinated care, pain management, symptom management, care in last days of life and care after death.



Four places for the price of three.  
Offers available for bespoke/group bookings

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Healthcare Professionals</b>                |
| <b>Dates</b>    | 19 May 2026                                    |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



# Essentials of Care Management at End-of-Life

## Supporting People who Live with a Learning Disability

- This day echoes the Essentials in End-of-Life Care training but addresses the unique challenges that may arise when caring for individuals with learning difficulties to deepen participants understanding and skills.
- Topics covered include recognising dying, coordinated care, pain management, symptom management, care in last days of life and care after death.

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Healthcare Professionals</b>                |
| <b>Dates</b>    | 1 October 2026                                 |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



Four places for the price of three.  
Offers available for bespoke/group bookings

# Pain Management at End-of-Life

Join our one-day, expert-led training designed for registered nurses who want to provide evidence based, compassionate, effective pain relief at the end-of-life. Learn practical techniques, up-to-date practices, and holistic approaches to ensure comfort and dignity for patients in their final days, making a meaningful difference to the patients and families in your care.

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Registered Nurses</b>                       |
| <b>Dates</b>    | 14 September 2026                              |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



Four places for the price of three.  
Offers available for bespoke/group bookings



# Practical Skills in End-of-Life Care for Healthcare Assistants

- This training provides essential hands-on skills to deliver compassionate end-of-life care. Content includes recognising the signs of dying, effective communication, mouthcare, pressure area care, nutrition, constipation management, and supporting registered nurses with syringe drivers.
- Build confidence to deliver comfort and dignity when it matters most.

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Healthcare Professionals</b>                |
| <b>Dates</b>    | 3 September 2026                               |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



Four places for the price of three.  
Offers available for bespoke/group bookings

# Dementia Care at the End-of-Life

Gain the knowledge and confidence to support individuals with dementia in their final stages of life. This one-day training is designed for healthcare professionals seeking practical tools, communication strategies, and an understanding of the unique challenges dementia presents at the end of life.

Enhance your care and honour their journey.

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Healthcare Professionals</b>                |
| <b>Dates</b>    | 5 October 2026                                 |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



Four places for the price of three.  
Offers available for bespoke/group bookings



# Communication Skills in Healthcare

- Effective communication skills are fundamental to providing high quality care for people approaching the end of their lives and to properly support those close to them. There is, however, much evidence to suggest that the healthcare workforce lack confidence and skills when discussing end of life care. This foundation study day explains the importance of good communication, explores barriers to and methods of communication and culminates in the opportunity to practice dealing with difficult conversations.

|                 |  |
|-----------------|--|
| <b>Audience</b> | <b>Healthcare Professionals</b>                |
| <b>Dates</b>    | 15 October 2026                                |
| <b>Venue</b>    | NLH Outpatients and Wellbeing, Enfield N21 3AY |
| <b>Time</b>     | 9.30am to 4pm                                  |
| <b>Fee</b>      | £135 per place                                 |



Four places for the price of three.  
Offers available for bespoke/group bookings

# Syringe Driver Training

This two-hour session includes understanding the rationale for syringe driver use in palliative care, an awareness of medications commonly used in syringe drivers and how to safely set up and monitor the CME T34 syringe driver.

Following training learners will be able to discuss the rationale with patients and their families.

Please note that participants will need to be assessed for competency within their own workplace.

Please contact Learning and Development for upcoming dates  
[education@northlondonhospice.co.uk](mailto:education@northlondonhospice.co.uk)







# Verification of Expected Death (VoED)

- Enhance your confidence and competence in end-of-life care with our focused Verification of Expected Death (VoED) two-hour workshop. Designed for registered nurses, this practical session provides the essential knowledge, guidance, and hands-on skills needed to carry out VoED safely, sensitively, and in line with best practice.
- Join our expert facilitators to deepen your understanding, ask questions, and strengthen your role in supporting patients and families at one of the most important moments of care.

Please contact Learning and Development for upcoming dates  
[education@northlondonhospice.co.uk](mailto:education@northlondonhospice.co.uk)





# The best of life, at the end of life, **for everyone**

If you would like this publication to be made available in accessible formats such as alternative languages, large print or audio, please speak to the Communication & Marketing Team on 020 8343 6806 or email [CommunicationTeam@northlondonhospice.co.uk](mailto:CommunicationTeam@northlondonhospice.co.uk)



North London Hospice

47 Woodside Avenue

London N12 8TT

Phone: 020 8343 6832

Fax: 020 8343 7672

Email: [education@northlondonhospice.co.uk](mailto:education@northlondonhospice.co.uk)

[www.northlondonhospice.org](http://www.northlondonhospice.org)

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