



Grief Café

Support and connection for bereaved people

You are warmly invited to join us for a cup of tea,
a biscuit and a welcoming space to share your
thoughts and feelings

Free, open to all, no booking needed
Our caring, trained volunteers are here
to listen and support you

We look forward to welcoming you there at:

Enfield Town Library, 66 Church Street, Enfield, EN2 6AX. Second Tuesday of every month, 10am to 12pm

South Friern Library, Colney Hatch Lane, Barnet, N10 1HD. Second Thursday of every month, 11am to 1pm

Julius Newman House, Woodside Park Road, Finchley, N12 8RP. Third Friday of every month, 10:30am to 12pm

(The building is at High Road end of Woodside Park Road next to Lloyds Bank)

Living Well Centre, First Floor, The Mall Wood Green, 159 High Road, Wood Green, N22 6YQ. Fourth Wednesday of every month, 12pm to 1:30pm

(Near TKMaxx)

Please contact us for more details on

nlhbereavement@northlondonhospice.co.uk or 0800 368 7848



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