

Carers' Café

Are you, or have you been, caring for or supporting a family member, relative or friend in their daily life?

Our Carers' Café is a safe, supportive and creative space to explore these experiences.

The café is free to attend, with no booking required.

Drop in every third Thursday of the month from 2pm to 3.30pm.

North London Hospice Living Well Centre
The Mall (first floor), Wood Green, 159 High Road, N22 6YQ

Living Well Centre



Please contact us for more details on
nlhbereavement@northlondonhospice.co.uk
or 0800 368 7848

