



Hands That Remember: Creative Crafting through Grief

Join us on the first Friday of each month for a gentle and welcoming space to remember someone special through simple creative activities. Take time to reflect, express your feelings, and find comfort, alongside others who understand at a pace that feels right for you.

Location: Living Well Centre, First Floor, The Mall Wood Green, 159 High Road, N22 6YQ. **Time:** 11am-1pm

Please contact us for details on:
nlhbereavement@northlondonhospice.co.uk or 0800 368 7848