

Your guide to volunteering at North London Hospice



The best of life, at the end of life, for everyone

A warm welcome to North London Hospice, a local charity committed to empowering patients with life-limiting illnesses, supporting them to achieve the best quality of life possible.

Thank you for your interest in volunteering. Volunteers are an essential part of our charity and are truly valued. Volunteers help teams across the hospice to ensure our patients, and those who love and care for them are supported, that our shops offer a high-quality and friendly service, and that our fundraising events are a success. We couldn't do all we do without you.

We welcome volunteers of all backgrounds and ages, of any faith or none. If you have time you can spare to help us achieve our vision of the best of life, at the end of life, for everyone, we'd love to hear from you.

There are many ways you may help, with both regular and one-off opportunities to fit your availability, based in our buildings and in the local community. See the outlines of some core roles to give you an idea of how you may volunteer. We don't recruit for all the roles all the time and we develop new opportunities as needs arise. We may be able to develop a role especially to suit your specialist skills if they benefit our work. Get in touch to enquire about our current vacancies. For more information visit:

northlondonhospice.org/work-for-us/#volunteering-at-nlh
or scan the QR code



Supporting patients and those who love and care for them

Volunteers can support patients and those who love and care for them across several different areas. Examples include:

Reception volunteers provide a warm, friendly welcome to all those visiting our buildings.

Inpatient Unit volunteers support the nursing team and patients at mealtimes.

Bereavement support volunteers offer emotional support to people who have been bereaved, both one-to-one and at activities such as our 'walk and talk' groups and grief café.

Therapy volunteers provide support to our clinical and wellbeing services, such as physiotherapy, occupational therapy, complementary therapy and psychology.

Drivers transport patients to and from appointments at our buildings and equipment between the hospice buildings.

There are also roles behind the scenes, where **administrative volunteers** provide assistance to teams across the hospice, supporting the smooth running of the service.

In the community

Compassionate Neighbours is our flagship programme in the community. Neighbours help people living with life-limiting illnesses stay connected in their community to reduce loneliness and isolation.

Fundraising volunteers are vital to ensure our events run smoothly, safely and successfully. Your help is welcomed on the day at events and supporting the fundraising team behind the scenes with the essential work of raising funds for the hospice to provide more care to our patients and carers.

Hospice Ambassadors play another vital role in the community, helping us to extend our reach by connecting us to the local community and raising awareness of both the work of the hospice and fundraising where relevant.

“

Just by sitting and listening to someone for a second, you're helping this amazing place, and you come out feeling good.”

In our shops

As a **retail volunteer**, you will be joining a friendly team at the heart of your local community. Shops are spread across the boroughs we serve. Tasks include helping our shop managers in sorting and preparing stock for sale, serving customers, using the till and perhaps helping our van drivers transport furniture to our specialist shops. There are a host of opportunities available – something for everyone!

Find out more

For more information about volunteering at North London Hospice, please contact us by emailing volunteer@northlondonhospice.co.uk or by calling **020 8156 4520** (voicemail), giving your name and contact number. For retail volunteering you may also email retail@northlondonhospice.co.uk or just pop into your local shop.





“
I just have to give an hour or two of my time and company. You’re so appreciated and supported, and you get to meet so many lovely people.”

North London Hospice cares for patients with a life-limiting illness and supports their families, friends, and carers too.

The hospice was established in 1984 as the UK's first multi-faith hospice and each year we care for over 3,500 patients. We are an independent charity and provide all our care free of charge.

Scan the QR code below to visit our website



northlondonhospice.org



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